**Memory Bear Workshop**

A fun and healing workshop for children and adults, grieving the death of a loved one. Families will work together to create a keepsake bear in memory of their loved one. This workshop is open to the community at large, and is free of charge. Lunch will be provided.

# Saturday, February 15, 2020

**10:00-2:00**

**The Wellness Center 650 Highland Ave**

**Winston-Salem, NC 27101**

## Special thanks to

***Cardinal Innovations.***

**Instructions for fabric**: Choose a piece of clothing that reminds you of your loved one. An adult size button down shirt works best with the pattern provided. If your item requires a smaller pattern, please let us know upon registration.

Please bring any special items, like pins or ribbons, that you would like to incorporate into your bear for decoration.

**Please note:** The fabric will be cut and re-sewn and permanently altered to make the bear. In some cases, there will not be any leftover fabric.

### Space is limited. To register, please call Kristie Byrd at 336.789.2922 or

*email* *kbyrd@mtnvalleyhospice.org.*